

April 18, 2018

Greetings from Sixth Street Christian Church! This last Sunday I preached on making space for God. Life is crazy busy. Most folks work at least eight hours each weekday, and stay-at-home parents work even longer. Then there's grocery shopping, bill paying, the kids' sports events, volunteering, and ten million other things. Even after a person retires and should have gobs more time, eventually that space fills up too. With that in mind, each of us should set aside time in our busy lives for God. Church is a good way to start. If you attend worship, that's about an hour a week. If Sunday doesn't work – for some people, it's the only day they can sleep in – maybe you're involved with church as volunteer or attend Bible study. Another way to make space for God is to take a few minutes each day to open a place within yourself. Sure, our lives are busy, but so are our spirits. Even when we set aside all our activity and sit in silence, worries crowd our minds, our thoughts race, and voices from our past shout at us. It's much harder to push that kind of busy-ness aside and let God in. What I'm trying to do, and what I encourage you to do as well, is to take as little as 60 seconds each day to make an empty space within. When the worry creeps forward, just say, "Yep, I know you are there, but I'm not going to look at you for a minute." If we can do that and invite God to fill that space instead, the miracle of peace becomes possible for each one of us and for the world. Let's do it together.